



Canadian BLOOD

Blood PLASMA/STEM CELLS
Services ORGANS & TISSUES

How to join your PFL team: MAN00123267, Menaal4life
Remember, you must register for your donation to be counted towards your team's Partners for Life goal and to access the team's reserved appointments.

How to register:

STEP 1: Log in or Create an account on blood.ca or the Give Blood App use

GOVERNMENT ISSUED NAME to create account.

STEP 2: Click on the "Partners" tab, then click "Join an Existing Team"

STEP 3: Begin typing your team's name Menaal4life and select your team from the drop-down menu (a fly-in with the team's name will appear).

STEP 4: Select "Yes" and then click "Join"

STEP 5: Click **View team**

STEP 6: Book one of the reserved appointments for the team. OR: To book individual appointments, on the left-hand side "Book Appointment."

STEP 7: (Only for those booking on their own) Select location. (For example: Canadian Blood Services Calgary)

STEP 8: Select the location, if you scroll down the upcoming community donor events will populate.

STEP 9: Select a date and time next available appointment.

Press "Confirm Appointment" DONE!

Once you have joined past (within calendar year), and future donations for the year will be counted towards your team's total!

Following is a link to a video to walk you through the process:

How-to sign-up video — for team members (Mobile and laptop version) https://drive.google.com/drive/folders/lr4wZzM8gq-uJpeRP4gc_THODgbXlka9i?usp=sharing